

**Westwood Junior**  
**ANNOUNCEMENTS**  
**Thursday, October 11**

**PHYS ED**

If you have Ms. Price, Mr. Cameron or Mr. Graham as a P.E. teacher your 12 Minute run is this week. Be prepared with proper running shoes and water bottle.

If it rains you will be doing fitness, be ready for either one!

**BOYS SOCCER**

One of you left a Nike undershirt on the bench. It is in the Phys. Ed. office. Home game today at 3:30, be ready. Tell Ms. Price if you cannot attend.

**Congratulations to our Cross Country Running Team** for a great set of runs yesterday at the GMAA Mount Royal Meet. Yesterday's event runners were: Kayla Alleruzzo, Luca Bousette, Jeremy Chavez, Savannah Goodridge, Cassandra Johnson, Ethan Motomura, Erin Oswald, Anna Ranger and Samantha Schwenzner.

**GIRLS VOLLEYBALL**

Game day today.

**HOCKEY**

Practice for the grade 7's at 4:30-5:30 and the midget team 3:30-4:30 today. We will meet in the cafeteria. No one should be at the rink before 3PM.

Full schedules and paperwork will be handed out at practice. See Ms. Price if you cannot attend.

I have a white HRS jersey in the Phys Ed office.

## **FLAG FOOTBALL**

Great game yesterday boys! Rest up for the 3 games next week! If you cannot attend please advise Miss Dias ASAP

## **GIRLS BASKETBALL**

Try outs today after school 2:30-3:50. Make sure to purchase your late bus pass at lunch.

There will be a second one next week date TBD. Read the announcements or Athletics website.

## **REMEMBRANCE DAY**

Any student in the Cadets who is willing to help Jason with the Remembrance Day assembly, please see Jason in Room 159 at lunch.